

# Erasmus+

## Internships and studies abroad

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**Central Office for International Affairs**

# Agenda

- 01** European Solidarity Corps
- 02** Erasmus+ basics
- 03** Erasmus+ internships
- 03** Erasmus+ studies



# Volunteering with the European Solidarity Corps (ESC)

# Volunteering with the ESC

Part of Erasmus + (European youth initiative)



➔ Further possibility to spend time abroad **(NOT CONNECTED TO THE UNIVERSITY)**

## Who can participate?

→ **young people between the ages of 18 and 30 (in some cases up to 35)**

## An individual volunteering activity with the ESC – what is it?

- Full-time volunteer work for a period of 2 to 12 months
- Solidarity commitment to a charitable project in another country
- Supporting the daily work of an organization and contributing to the well-being of the local community
- Contributing to overcoming social challenges
- Opportunity to acquire personal, social, professional, and civic skills

# Volunteering with the ESC

Part of Erasmus + (European youth initiative)



## Advantages:

- **The program is fully funded by the EU.**
  - Accommodation, travel expenses, meals, pocket money, (+ seminars), (+ language lessons)
- Participating countries: EU member states + third countries associated with the program (e.g., Turkey, Iceland) + neighboring partner countries (e.g., Albania, Georgia, Morocco)
- Close contact with people from other European countries
- Gain work experience, or simply take a break!

**Please note:** In addition to the project abroad, you will need a (German) sending organisation\* to participate. This organisation may charge a fee (up to €100/month), but this is not mandatory. It depends on the organisation.

\* What does the sending organisation do? It prepares volunteers for their stay abroad (through seminars, etc.), contacts the project office abroad, helps organise health insurance, etc., and acts as a point of contact in case of problems.

# Volunteering with the ESC

Part of Erasmus + (European youth initiative)



## First few steps to the voluntary service:

- Register on the European Youth Portal and create an account.
- Search for a suitable project abroad.
- Send applications to projects.
- Search for a sending organisation in your home country. Send applications there too (please note that the application deadline is often earlier)
- Found an organisation and project? Then you will now receive help with everything else!

## Further information:

- European Youth Portal ([https://youth.europa.eu/\\_en](https://youth.europa.eu/_en))
- Contact me: [marie.schwendtner@fau.de](mailto:marie.schwendtner@fau.de)
- About sending organisations: ([https://youth.europa.eu/volunteering/organisations\\_en](https://youth.europa.eu/volunteering/organisations_en))



# Volunteering with the ESC

Part of Erasmus + (European youth initiative)



Further information:

- European Youth Portal ([https://youth.europa.eu/\\_en](https://youth.europa.eu/_en))

European Union English EN

Europa > EU initiatives > European Solidarity Corps > General Information > About

EUROPEAN YOUTH PORTAL Search... Questions?

**EUROPEAN SOLIDARITY CORPS**  
The power of together

**I am a young person**  
Find more information about how to take part, register, and access your personal account. Register / Login

**I am from an organisation**  
Find more information about how to take part and access the Organisation Portal. Login

**About**  
Are you between 18 and 30 and looking for an opportunity to help the wider community, in Europe and beyond?  
So what can you do?  
• You can volunteer abroad, solo or in a team. Check out [Volunteering activities](#)

**How does it work?**  
The European Solidarity Corps provides grants to organisations through call for proposals.  
Young people wishing to engage in projects need to register in the [European Solidarity Corps portal](#), which offers a space for young people and funded organisations to get in touch and start activities.

## EU funded volunteering opportunities

Find a volunteering cause closest to your heart

Show only Humanitarian Aid opportunities

About Get involved Go abroad News Events Stories EU initiatives EU Youth Strategy

Any country

Volunteering activities type  
- Any type -

Activity topics  
- Any topic -

Starts after  
Date

Ends before  
Date

Hide map Show map

Clear search

Map showing the number of opportunities in various regions:

Region	Number of Opportunities
North America	3
South America	34
Europe	787
Africa	12
Asia	10
Australia	4
Other	5, 13, 25, 6

Leaflet | © OpenStreetMap contributors | Webtools

The designations employed and the presentation of material on this map do not imply the expression of any opinion whatsoever on the part of the European Union concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Kosovo\*: This designation is without prejudice to positions on status, and is in line with UNSCR 1244/1999 and the ICJ Opinion on the Kosovo declaration of independence. Palestine\*: This designation shall not be construed as recognition of a State of Palestine and is without prejudice to the individual positions of the Member States on this issue.

# Erasmus+ basics

# What is Erasmus+?

## Erasmus+ basics

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Erasmus+ is the EU program for promoting **education, training, youth, and sport** in Europe.

The program's priorities for 2021–2027 are **social inclusion, green and digital transition**, and promoting young people's participation in democratic life.

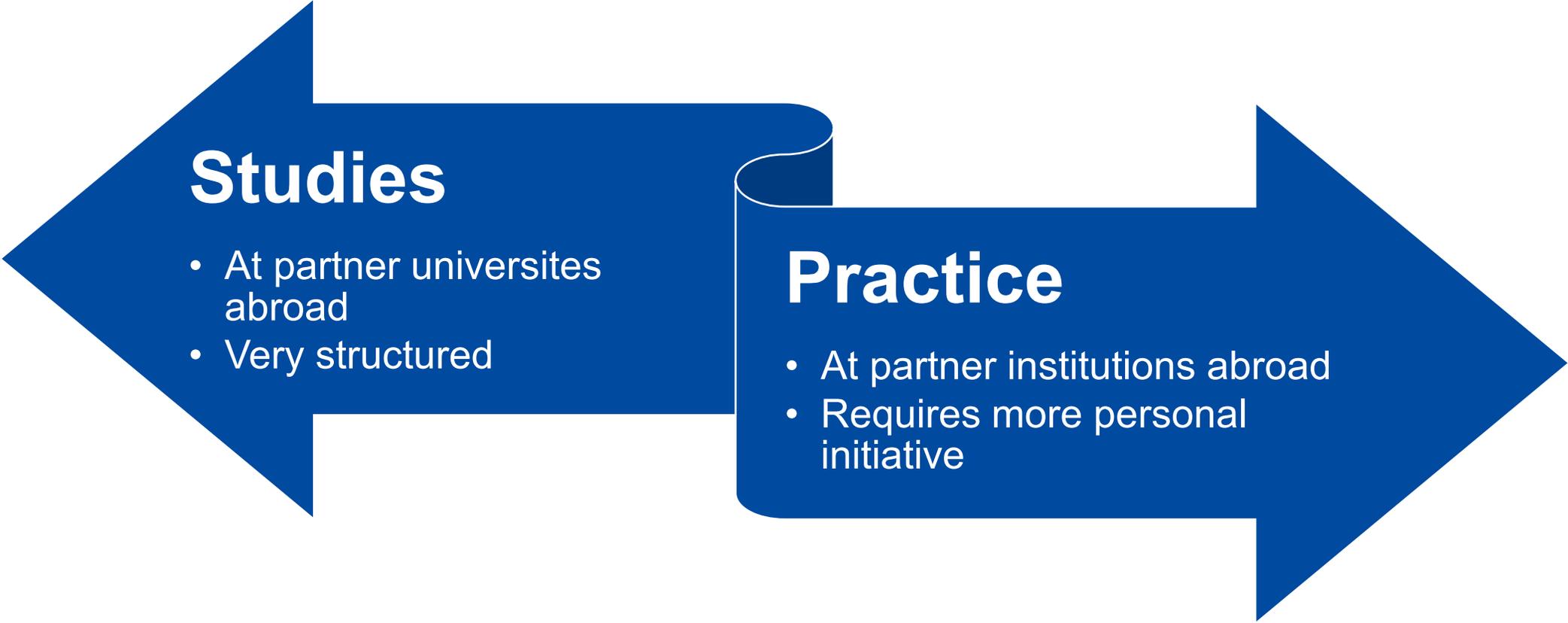
Erasmus+ offers mobility and cooperation opportunities in the following areas:

- Higher education
- Vocational education and training
- School education (including early childhood care, education, and training)
- Adult education
- Youth work
- Sport

# What is possible with Erasmus+, at FAU?

Erasmus+ basics

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## Studies

- At partner universities abroad
- Very structured

## Practice

- At partner institutions abroad
- Requires more personal initiative

# How long can I stay abroad with Erasmus+?

## Erasmus+ basics

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- **Bachelor's, master's, and PhD students** can receive scholarships for studies or internships for a **maximum of 12 months** per study period. Combinations of both are possible.
- Students enrolled in degree programs with **state examinations** have a **maximum of 24 months** available for studies or internships until they complete their first degree. During a subsequent doctorate, a further maximum of 12 months is available.
- Minimum duration for funding: 60 days

# Where can I go with Erasmus+?

Erasmus+ basics

## In Europe

- to so-called “program countries” in the EU and in Europe

## Outside of Europe

- to so-called “partner countries”

# Going abroad for Internships

## Practical placements during your studies

# Preliminary considerations

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- **Internships usually have to be organized entirely by yourself:**
    - **Plan ahead by about 6 to 12 months.**
    - Decide on the host country (cost of living, political situation, etc.)
    - Check your language skills and take a course if necessary
    - Voluntary or compulsory/counts toward your studies? Gain experience?
    - Financing your stay abroad: research deadlines for funding programs (application deadlines)
    - Do I need a visa? What insurance is necessary?
    - Logistics, arrival and departure, finding accommodation in the host country, and possible contacts.
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## Do I need a visa?

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- Depending on your nationality, country, type, and duration of your stay, you may need a visa, residence permit, and/or work permit
- Check the **current entry and residence requirements** on the website of the host country's embassy
- **Visa applications** can sometimes take a considerable amount of time (US visa = several months)
- Proof of **vaccinations or health tests** are sometimes required.

- **Leave of absence** at FAU:
    - Responsible office: Student Administration
    - Possible for 1–2 semesters
    - A semester abroad/internship abroad is not counted as a semester of study during a leave of absence, i.e., it does not count toward the standard period of study, but you remain enrolled.
  - **Recognition** as academic achievement in the degree program:
    - Responsible office: Recognition officers and examination offices
    - It is essential to clarify before starting the internship whether and how it will be recognized
    - The application can be submitted after the stay abroad (be sure to bring your internship certificate!)
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# Internship search

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- **Finding an internship is your responsibility;** FAU does not offer internship placement services.
- Find out about the working conditions in the respective countries. 'Internship' does not mean the same thing everywhere, and in some countries it is uncommon.
- Commercial and non-profit placement organizations usually charge fees, but offer support with things like visa applications, finding accommodation, etc. Check the quality of the offers in advance (e.g. by reading reviews) and consider the price-performance ratio.

# Search for internships on fau.de

StudOn Campo UnivIS Karriere Uniklinikum Universitätsbibliothek

English



FAU ▾ People ▾ Education ▾ Research ▾ Outreach ▾

Startseite / Education / International / Wege ins Ausland / Praxisaufenthalt im Ausland /

## Praktikumssuche im Ausland

### < International

#### Aus dem Ausland an die FAU

#### Wege ins Ausland

Studieren im Ausland

Praxisaufenthalt im Ausland

Planung eines  
Praxisaufenthaltes

Praktikumssuche im Ausland

Praktikumsangebote

Erasmus+ Praxisaufenthalt  
in Programmländern

Abschlussarbeit im Ausland

Praktisches Jahr (PJ) und  
Famulatur

Lehrassistenten im Ausland

Finanzierung eines  
Auslandsaufenthaltes

Erste Schritte zum  
Auslandsaufenthalt

Newsletter und Social Media

### Regionen, Fachbereiche/Berufsfelder und Vermittlungsorganisationen

Diese Seite bietet Ihnen eine Übersicht von Portalen, die kostenlos Praktikumsstellen im Ausland veröffentlichen sowie von Organisationen und Studierendenvereinigungen, die Praktikumsangebote anbieten oder vermitteln. Die Verantwortung für die Inhalte und deren Richtigkeit und Aktualität liegt bei den jeweiligen Stellen.

### Praktikumsplattformen nach Ländern und Regionen

#### Europa

Land/Region	Plattform	Anmerkungen
Europa	Erasmus	auch Vermittlung von Unterkünften; kostenlose Registrierung erforderlich
	<a href="#">Erasmusintern</a>	
	<a href="#">Erasmus Internship Offers</a>	
Dänemark	<a href="#">Trainingexperience</a>	
	<a href="#">Jobindex</a>	
Estland	<a href="#">Work in Denmark</a>	
	<a href="#">Tudengiveeb</a>	
Frankreich	<a href="#">Jobted</a>	
	<a href="#">Campus France</a>	
Großbritannien	<a href="#">L'Etudiant</a>	
	<a href="#">European Student Placement Agency UK</a>	kostenlose Registrierung erforderlich
	<a href="#">Placement UK</a>	
Irland	<a href="#">Jobted</a>	
	<a href="#">IrishJobs</a>	
	<a href="#">Jobbydoo</a>	
	<a href="#">Clickalavnn</a>	

# Contact

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The first point of contact should always be your department and academic advisor.

Contacts in the faculties are:

- **Faculty of Economics:** [Office for International Relations](#)
- **Faculty of Engineering:** [International Office](#) sowie [Internship Office MB](#) und [Internship Office EEI](#)
- **Faculty of Philosophy:** [International Office](#)
- **Faculty of Medicine:** [Dean´s Office](#)
- **Faculty of Natural Sciences:** [Internationalization Officer](#)

If you have any further questions about stays abroad and funding opportunities at FAU, we are here to help:

[Department for International Affairs](#)

mobility@fau.de

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# Internship with ERASMUS+

## ERASMUS+ internships in program countries

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- Bachelor's, master's, and PhD students can receive scholarships for studies or internships for a **maximum of 12 months** per study period. Combinations of both are possible.
  - Students enrolled in degree programs with state examinations have a maximum of 24 months available for studies or internships until they complete their first degree. During a subsequent doctorate, a further maximum of 12 months is available
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## Practical placement with Erasmus+

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- **What is eligible for funding:** industry/specialist or research internships that **count toward your degree**, practical training or clinical placements for medical students, teaching assistantships, study or thesis projects with a practical component, elective placements in law
  - **Where is an internship eligible for funding:** Companies, organizations, universities, NGOs, zoos, etc., foundations, research institutes, law firms, clinics, educational and cultural institutions, embassies, and much more
  - Maximum duration of a single practical placement: **6 months**
  - **Excluded are:** EU institutions/bodies and bodies that administer EU programs
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# Erasmus+ Regions (Program countries)



# Application and participation requirements I

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- **Enrollment** in a degree program at FAU with the aim of obtaining a university degree
  - Sufficient, proven knowledge of the working language
  - Internship possible from the first semester onwards (however, bachelor's students are recommended to complete an internship only **after successfully passing the GOP**)
  - Gap mobility or graduate internship possible in the first year **after** graduation: application required in the last semester before graduation
  - Nationality: **no** restrictions
-

## Formal eligibility requirements for internships:

- **Mandatory internships** or internships that **count toward the degree program**
  - must **not extend the** duration of the degree program, i.e.:
  - For internships during the lecture period: **Leave of absence** from studies is required.
  - Once the **standard period of study (RSZ/iRSZ) has been exceeded, ERASMUS+ funding is no longer possible.**
-

- **Leave of absence** at FAU:
    - Responsible office: Student Administration
    - Possible for 1–2 semesters
    - A semester abroad/internship abroad is not counted as a semester of study during a leave of absence, i.e., it does not count toward the standard period of study, but you remain enrolled.
  - **Recognition** as academic achievement in the degree program:
    - Responsible office: Recognition officers and examination offices
    - It is essential to clarify before starting the internship whether and how it will be recognized
    - The application can be submitted after the stay abroad (be sure to bring your internship certificate!)
-

## Funding conditions

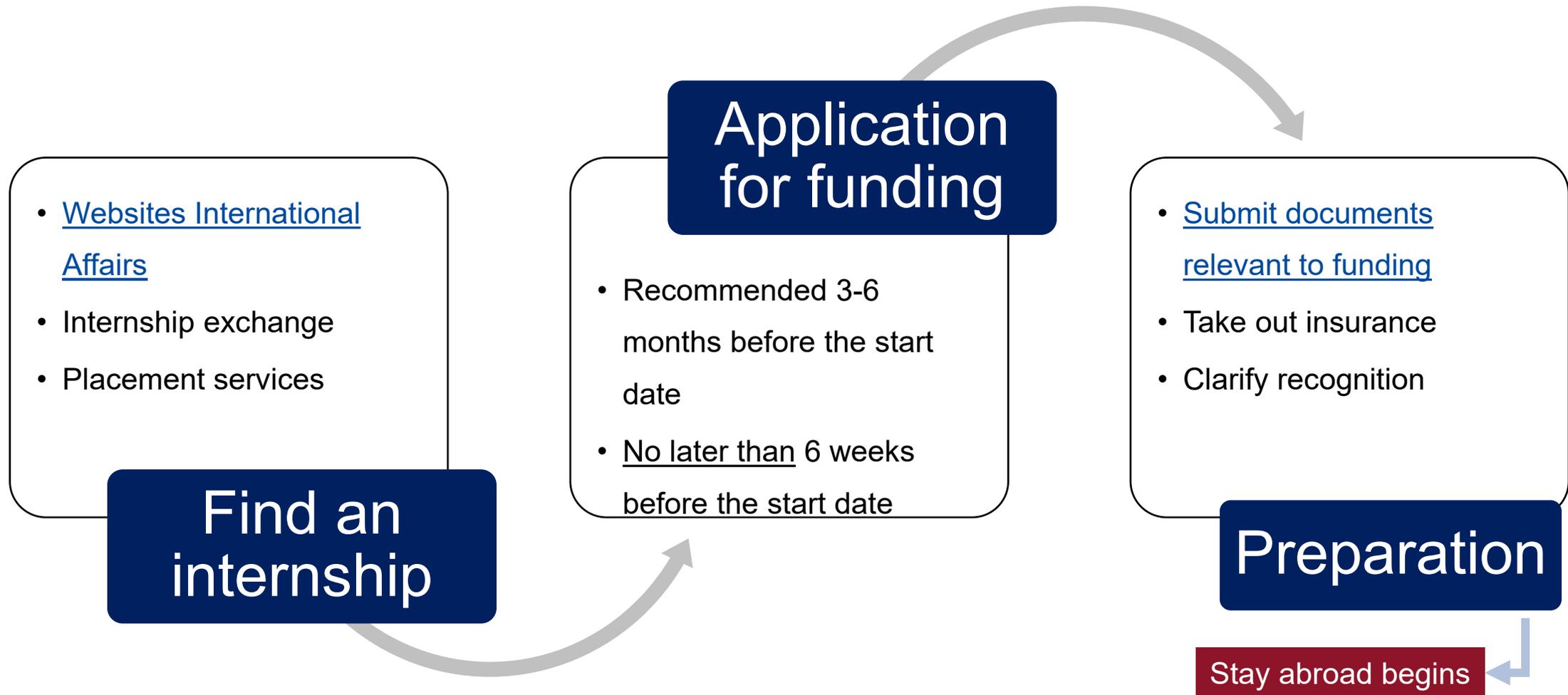
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- Internship duration: **minimum 2 months (=60 days of funding), maximum 6 months** within the framework of a funded project
- **Full-time** internship depending on the host country, min. 35 hours/week
- **Adequate international insurance coverage:** In addition to health insurance, accident and liability insurance must be provided by the employer or proven to be covered by personal funds
- The funding application must be submitted **at least six weeks before the start of the internship**
- It is not possible to apply after the internship has started

## Financial support

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- Not a full scholarship, but funding to help with living expenses
- Grants for “Green travel,” “Top-ups” for disadvantaged or underrepresented groups
- The current **funding rates and grants** are available [on our website](#), where you can also find detailed information about the various “Top-ups”.



# Any questions regarding Erasmus+ internships?

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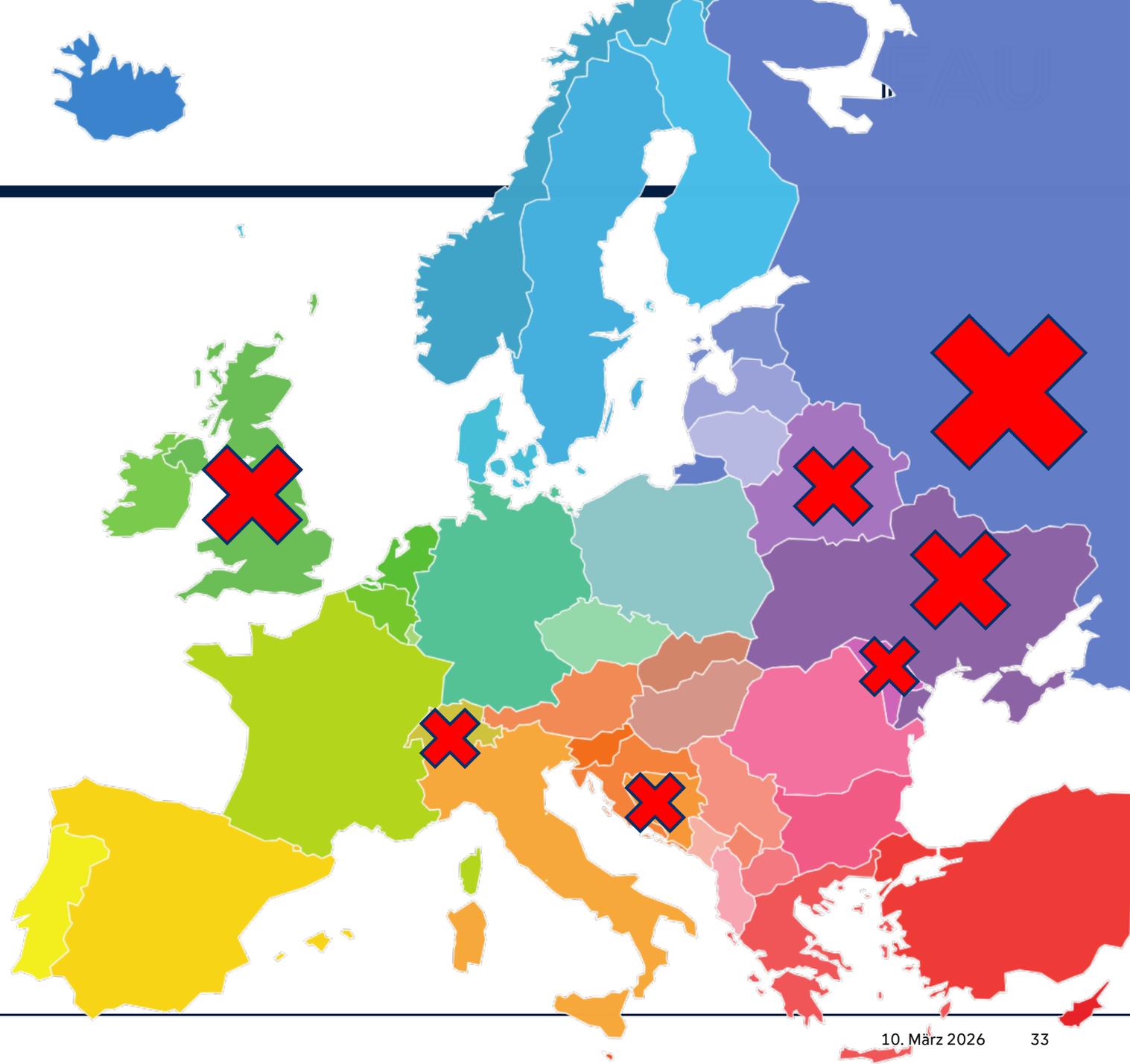
# 10 minute break!

# Erasmus+ studies

# Program countries

Erasmus+ studies (KA131)

- Belgium, Denmark, Finland, France, Ireland, Iceland, Italy, Liechtenstein, Luxembourg, Netherlands, Norway, Austria, Sweden
- Estonia, Greece, Latvia, Malta, Portugal, Slovakia, Slovenia, Spain, Czechia, Cyprus
- Bulgaria, Croatia, Lithuania, North Macedonia, Poland, Romania, Serbia, Turkey, Hungary



# Program countries: funding

Erasmus+ Studium (KA131)

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Monthly mobility allowance:

- **Country group 1:** estimated at **600 euro/month** = 20 euro/funding day:  
Belgium, Denmark, Finland, France, Ireland, Iceland, Italy, Liechtenstein, Luxembourg, Netherlands, Norway, Austria, Sweden
- **Country group 2:** estimated at **540 euro/month** = 18 euro/funding day:  
Estonia, Greece, Latvia, Malta, Portugal, Slovakia, Slovenia, Spain, Czechia, Cyprus
- **Country group 3:** estimated at **540 euro/month** = 18 euros/funding day:  
Bulgaria, Croatia, Lithuania, North Macedonia, Poland, Romania, Serbia, Turkey, Hungary
- Green Travel: Subsidies for students who travel in an environmentally friendly manner
- Top-ups: Grants for students with fewer opportunities (children; illness/disability; first-generation academics)

# Program countries: funding

Erasmus+ Studium (KA131)

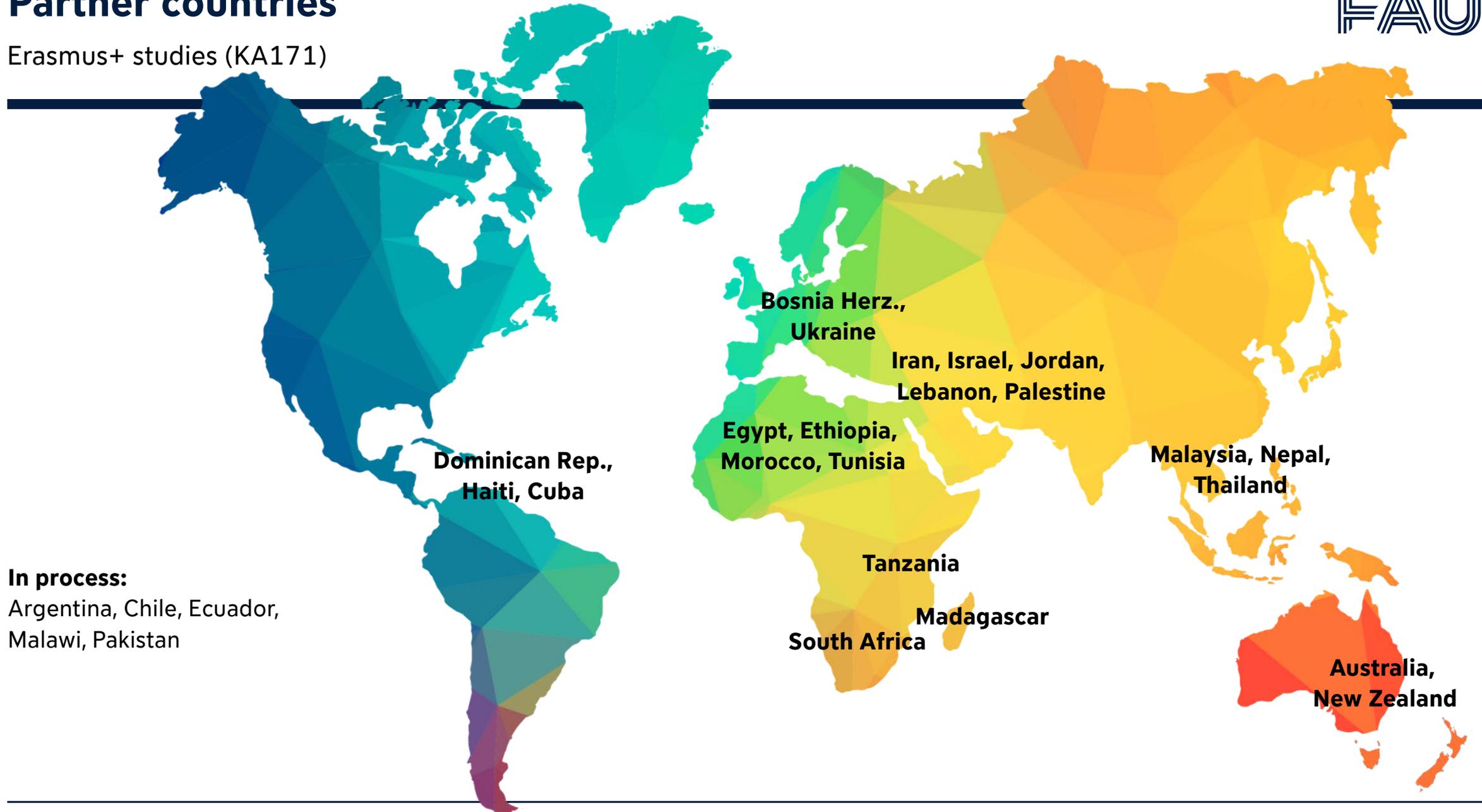
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Monthly mobility allowance:

- **Country group 1:** estimated at **600 euro/month** = 20 euro/funding day:  
Belgium, Denmark, Finland, France, Ireland, Iceland, Italy, Liechtenstein, Luxembourg, Netherlands, Norway, Austria, Sweden
- **Country group 2:** estimated at **540 euro/month** = 18 euro/funding day:  
Estonia, Greece, Latvia, Malta, Portugal, Slovakia, Slovenia, Spain, Czechia, Cyprus
- **Country group 3:** estimated at **540 euro/month** = 18 euros/funding day:  
Bulgaria, Croatia, Lithuania, North Macedonia, Poland, Romania, Serbia, Turkey, Hungary
- Green Travel: Subsidies for students who travel in an environmentally friendly manner
- Top-ups: Grants for students with fewer opportunities (children; illness/disability; first-generation academics)

# Partner countries

Erasmus+ studies (KA171)



## In process:

Argentina, Chile, Ecuador, Malawi, Pakistan

# Partner countries: funding

Erasmus+ studies (KA171)

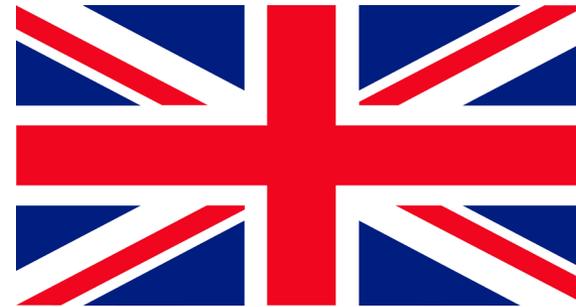
Monthly mobility allowance:

- Starts at **700 euro/month**
- Travel allowance, depending on the one-way distance
- Green Travel: Increased subsidies for students who travel in an environmentally friendly manner

km	Travel allowance	Travel allowance using „Green Travel“
10 – 99	€28	€56
100 – 499	€211	€285
500 – 1999	€309	€417
2000 - 2999	€395	€535
3000 – 3999	€580	€785
4000 – 7999	€1188	€1188
more than 8000	€1735	€1735

- Top-ups: Grants for students with fewer opportunities (children; illness/disability; first-generation academics)

- Switzerland and the United Kingdom participate in the Erasmus+ program as **partner** countries.
- However, these countries are treated as **program countries, Group 1, for funding purposes** (€600/month).
- Green Travel: Grants for students who travel in an environmentally friendly manner.
- Top-ups: grants for students with fewer opportunities (children; illness/disability; first-generation academics)



# Erasmus+ scholarship

## Green Travel

- Travel allowance for up to 6 days of travel (3 days there, 3 days back) for green travel (carpooling, bus, train, bicycle, etc.)  
<http://eu.daad.de/eudownloadcenter/download/1070/>



### **Either a flat rate of €250/month**

- Degree of disability of 20 or above or proven disability/chronic illness
- Students with child(ren)
- First-generation academics
- Working students (continuous earnings of €450-850) for at least 6 months prior to Erasmus+ stay

### **Or application for real-cost-reimbursement**

- Degree of disability of 20 or above or proven disability/chronic illness
- Students with child(ren)

Further information:

<https://www.fau.de/education/international/wege-ins-ausland/studieren-im-ausland/erasmus-studium/erasmus-foerderung/>

# General timeline

Erasmus+ studies

Erasmus+  
agreement

- Two departments conclude an agreement for a specific group of study area
- List of all of FAU's [Erasmus+ agreements](#), sorted by department

Application  
at FAU

- [Application at your FAU department](#), during winter term 2025/26 for a stay abroad in winter or summer term 2026/27

Application  
at partner  
univ.

- Application at partner university

- **Enrollment** in a degree program at FAU that is compatible with the respective Erasmus+ Agreement with the aim of obtaining a university degree
- Sufficient, proven **knowledge of the study language** / national language (through official language tests or the [mobility test](#); **please do not submit high school diplomas**)
- Studying abroad is recommended from the 3rd semester onwards or after successful completion of the GOP
- No restrictions regarding nationality

# Final remarks

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The first point of contact should always be your department and your academic advisor.

## Contacts in the faculties are:

- Faculty of Economics: [Office for International Relations](#)
- Faculty of Engineering: [International Office](#) and [Internship Office MB](#) and [Internship Office EEI](#)
- Faculty of Humanities: [International Office](#)
- Faculty of Medicine: [Dean's Office](#)
- Faculty of Natural Sciences: [Internationalization Officer](#)

Further details on Erasmus+ internships and studies abroad and contact information:

## [Central Office for International Affairs](#)

[mobility@fau.de](mailto:mobility@fau.de)

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**Vielen Dank  
für Ihre Aufmerksamkeit!**